

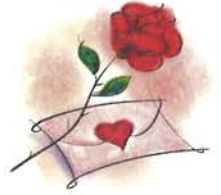
# The Sun Community Newsletter



Senior Living Community

Experience the Sunny Side of Life!

Issue No. 51 February 2012



## NEW MIRASOL WEBSITE DESIGN

**Mirasol**  
Senior Living Community

Housing Services Amenities Local Info About Us Contact Resident Life

HOA

{ **LIVE** }  
*in a vibrant community*

Mirasol Senior Living in Loveland, Colorado, offers seniors 55+ a range of housing options with valuable services and amenities, in a town known nationally for its affordability, moderate climate, and access to quality medical services, shopping, culture and the beautiful outdoors.

**HOMES FOR SALE**  
Existing Homes & Available Lots

**RENTAL OPTIONS**  
Paired Home & Apartments

**Housing**

A range of housing options for active seniors in one of Colorado's most desirable communities.

[Read More](#)

**Services**

Mirasol offers a close-knit community of peers who enjoy friendships, outings & activities.

[Read More](#)

**Amenities**

When you move to Mirasol, you gain access to amenities that enhance your quality of life.

[Read More](#)

**Local Info**

Discover why Loveland and the surrounding area make Mirasol a wonderful place to live.

[Read More](#)

**From Our Residents**

Whether it is meeting for coffee at the bistro, working out in the fitness room or potlucks and parties, I can be as active as I choose to be.  
— Freda, Resident

**Event Calendar**

Poker game - in apt bldg  
[More Details](#)

Movie  
[More Details](#)

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## BIRTHDAY CORNER



January Birthday: Ginney Morrison

### Happy Birthday Wishes Go To....

The Mirasol residents and friends celebrating birthdays in February are:

Reba Davidson 2/8, Joyce Ferrer 2/25, Del Franz 2/19, Lee Ann Gustavson 2/12, Annie Hall 2/9, Pat Marshall 2/5, Alma Miller 2/7, Bert Most 2/9, Veronica Trent 2/3

The birthday celebration is held each month immediately following the Resident Council Meeting. This month's celebration will be held February 16th.

## THOUGHTS & PRAYERS

Your thoughts and prayers will be appreciated by these Mirasol neighbors hoping for improved health and continuing recovery:

*Alma Miller, Ann Simmonds, Helen Heinze, Virgie Bachli and Pat Marshall*

## Valentine Events



Contest to guess number of Hearts Candies in the Jar—through February 13th—in the Bistro. Win a prize!

February 13th—Valentine Hat Show at 2pm

February 14th—Rhythm Singers Concert at 2pm

After the Concert, **CHOCOLATE AND BUBBLY!**

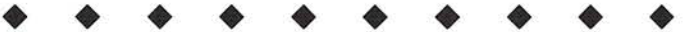
## RESIDENT COUNCIL

The next Resident Council will be held on **Thursday, February 16th at 1:30 p.m.** in the Event Center Grande Room.

THIS MEETING IS FOR ALL RESIDENTS. WE DISCUSS ISSUES OF CONCERN, GET UPDATES FROM MARK AND COMMUNICATE VALUABLE INFORMATION. WE WOULD LOVE TO SEE ALL RESIDENTS AT THESE MONTHLY MEETINGS.

And there is always birthday cake afterwards, if you need an added incentive.

See you there!



## CHUGWATER CHILI RECIPE

Our own Marsha Franz, one of the owners of the Chugwater Chili Corporation, provides this recipe for her famous chili. Chili Seasoning Packets are available from Marsha or at King Soopers.

1. Brown 2 lbs. regular or coarse-ground beef; drain excess fat.
2. Stir in contents of Chugwater Chili packet (less for milder chili), one 15-oz. can tomato sauce and 15 oz. water.
3. Bring to a boil. Reduce heat, cover and simmer 30 minutes, stirring occasionally.
4. Add two 15-oz. cans plain pinto beans. Return to simmer.
5. Serve hot. Recipe makes 9 one-cup servings.

We served this chili at the last Craft and Bake sale and sold 100% of it as a money maker for our Resident Council. Marsha had donated the chili seasoning to us. Thanks, Marsha!



## NEW NEIGHBORS

### NEW RESIDENTS IN 532 CANYON WREN

**Frank and Carol Dornfest** recently joined our Mirasol community, moving here from Vancouver, Washington. They are both natives of South Africa, where their two sons were born as well. Now, one son lives in Fort Collins and the other is living in Portland, Oregon. Frank and Carol decided to move away from the rain in the Northwest and to Colorado where they can be near two of their four grandchildren.

Frank was a professor of Family Medicine at Oregon Health and Science University. Carol was a stay-at-home mother but is also a watercolor artist and an accomplished seamstress, making many of her own clothes. She especially likes to read and Frank says he is a people person. They have been a team since Carol was thirteen years of age—it looks as though it might last!

They have visited the Bistro a couple of times and are planning on joining in some of our Mirasol community activities. We should also mention one other resident in the Dornfest household: a tiny Yorkie named Molly, who almost gets lost when she ventures out in the snow.



Senior Connection 1/23



New Year's Eve



Clarice teaches Candy Making

## MIRASOL: BY THE NUMBERS

- 1 Annual Pajama and Nail-Painting Party for the ladies (with wine)
- 1 Mirasol Residents performing at the Talent Show at the Chilson Center - Wendy Barth
- 17 Number of Resident Surveys returned to Mark so far
- 17 Number of football fans watching the Super Bowl on the big screen TV - Same number eating turkey, lasagna, Etc.
- 98 Number of current Residents in Mirasol



Breckenridge Ice Sculpture Festival –January 27th



## MARK'S MESSAGE

Unfortunately, some explanations were left off of the calendar notes page of the February calendar. Here are the explanations for a few of not-fully-explained calendar items:

February 14<sup>th</sup>: There will be a chocolate celebration immediately following the Rhythm Singers concert. Join us for chocoholic extravaganza worthy of Valentine's Day!



The Mirasol offices will be closed on President's Day 2/20; actually this item never made it to the calendar but it is important to note.

The French Toast Breakfast will be on Wednesday 2/15, not 2/8.

Thanks to Melody Wahl for overseeing the Super Bowl pool! That involved drawing the boards, monitoring who had paid, modifying one of the boards and finally, delivery of the prize winnings. Among the pool winners were Chris Wessels, Lucy Brouwer, Gloria Smeaton and Mark Betz. Mark will be donating his winnings (\$10) to the activity assistance fund.

Trish has created a state and local resource guide for older adults. It is a big ring binder that will be kept at the Event Center and it will be "unveiled" on the weekend of 2/11. Ask Mark or Trish if you have any questions.

For those of you who may not know, Mark is a notary public. So, if you have needs of that nature, Mark can help you.

Here are the movies for late February and early March:

February 21 – The Yellow Dog

March 6 – The Women

February 28 – The World's Fastest Indian

March 13 – Meet Joe Black

We have heard from her family that Bert Most is now living at the Hillcrest due to a need for more care and will not be returning to Mirasol. She would welcome any visitors at her new home.

See you around! Mark



The Marketing Team has been hard at work redesigning the Mirasol website. Above is a different photo from the site, showing our active residents. Go to the homepage, [mirasol seniorcommunity.com](http://mirasol seniorcommunity.com) to see for yourself. There are buttons to click for additional Mirasol information as well as the event calendar and local information. Various quotes from our residents appear at the bottom with calendar details. Now others can see why we are so proud of our community!



### This and That

Many of us made New Year's Resolutions to get more exercise. Just a reminder that there are various classes and gatherings in the Fitness Room to help you get fit, including "Rounds", Yoga, Stretch & Strengthen and Music & Movement. Or stop by any time to use the machines on your own.

Marsha Franz tells us her mother has moved back to her own home in Wyoming.

The Crocheting Class (shown above) will continue to meet on Wednesdays at 11am in front of the Grande Room fireplace. A Knitting Class is also under discussion.

Mirasol will be attending the play "A Bit of Broadway" at Loveland High School on February 19th. Signup is required.

Pat Marshall's grandson will bring his Honor Choir to perform on the 23rd at 2pm in the Grande Room. This promises to be a great show.

The French Toast Breakfast scheduled for February 15th will be the first of **monthly** hot breakfasts.

Our Pajama Party on January 13th was a rousing success. Since decency laws probably prohibit publishing photos of pajama-clad residents, you will just have to take our word for it! We can show you the pig slippers, however.



Above: Attending "Kitchen Witches" at the Rialto Theater



The Sun Newsletter is published 12 times per year on or before the 2<sup>nd</sup> Thursday of each month. This publication is created by the following volunteers in our community: Pat Marshall, 635-2603, patmarshall35@gmail.com, Sue Mendenhall, 669-5008, suelynne@aol.com and Millie Ternasky, 635-0845, maomiter@gmail.com. Please contact one of us, or Mark Betz, Event Center Director, with information for future issues, comments or questions, or if you would like to help with the newsletter. Submission deadline is the 2nd of the month.

